PSYCHOLOGICAL PROPERTIES DEVELOPMENT OF VOLITIONAL QUALITIES IN PUPILS

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ABSTRACT

The system of physical education in preschool institutions is built taking into account the age and psychological characteristics of children. In the process of physical education, health-improving, educational and educational tasks are carried out. Recreational tasks include: protecting the life and strengthening the health of children, their all-round physical development, improving the functions of the body, increasing activity and general performance, as well as hardening.

Keywords: methodology, theory, tactics, technique, activity, formation, development.