

TALABALARNI OMMAVIY SPORT SOG'LOMLASHTIRISH FAOLIYATIGA TAYYORLASHDA PEDAGOG KASBIY KOMPETENTLIGINING AHAMIYATI

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ANNOTATSIYA

Ushbu maqolada talabalarni ommaviy sport sog'lomlashtirish faoliyatiga tayyorlashda pedagogning kasbiy kompetentligining ahamiyati va ular faoliyatining mazmuni xaqida so'z yritilgan.

Kalit so'zlar: jismoniy tarbiya, ommaviy sport, iqtidorli sportchilar, kasbiy kompetentlik, murabbiy, sog'lomlashtirish, sport tadbirlari, badantarbiya, xalqaro musobaqalar, pedagogik ta'lim uslublari, jismoniy mashqlar.

ABSTRACT

This article discusses the importance of the professional competence of teachers in preparing students for public sports activities and the content of their activities.

Keywords: physical education, mass sports, talented athletes, professional competence, coaching, fitness, sports events, physical education, international competitions, pedagogical teaching methods, physical training.