

## **8-9-YOSHLI BOLALARDA KOPTOKLI O'YINLAR ORQALI HARAKAT KO'NIKMALARINI HOSIL QILISHDA KLASTER METODINI QO'LLASH**

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### **ANNOTATSIYA**

Bugun xalq harakatli o'yinlari milliy qadriyat sifatida etirof etilib, bunday sport turlari asrlar davomida rivojlanib, takomillashib, ezozlanib kelinmoqda. Ular bolalarni bo'sh vaqtlarini to'g'ri tashkil etib, biror foydali mashg'ulotga o'rganishlari, sog'lom o'sishlari, qattiyatli bo'lishlariga yordam bera olishlari bilan alohida ahamiyat kasb etadi.

**Kalit so'zlar:** 8-9-yoshli bolalar, harakat, ko'nikma, o'yin, klaster, "Tegirmonda to'p", "To'p onaboshida".

### **USE CLAUSES IN THE DEVELOPMENT OF THE 9-WAY MOVEMENT THROUGH BALL GAMES IN 8-YEAR OLDS**

#### **ABSTRACT**

Today, folk games are recognized as a national value, and such sports have been developed, improved and respected for centuries. They play an important role in helping children to organize their leisure time properly, to learn useful activities, to grow up healthy, and to be resilient.

**Keywords:** 8-9 year olds, movement, skill, game, cluster, "Ball in the mill", "Ball in the head"