

## O`ZBEKISTONDA MILLIY KURASHNING RIVOJLANISH ISTIQBOLLARI

**Abdimanon Dilloevich Ashurov**

O`qituvchi, Samarqand davlat universiteti

### ANNOTATSIYA

Kurash — sport turi, belgilangan qoidaga muvofiq ikki sportchining yakkama-yakka olishuvi. Kurashish san'ati ko'p xalqlarda qadim zamonlardan buyon ma'lum. Kurash ayniqsa Yunonistonda keng tarqalib, qadimgi olimpiada musobaqalaridan doimiy o'rin olib kelgan. Milliy kurashning xilma-xil ko'rinishlari Gretsiya, Italiya, Yaponiya, Turkiya, Eron, Afg'oniston, Rossiya, O'zbekiston, Gruzziya, Armaniston, Ozarbayjon, Qozog'iston va boshqa mamlakatlarda mavjud.

**Kalit so`zlar:** kurash, qoida, yonbosh, dzyudo, sport

## PROSPECTS FOR THE DEVELOPMENT OF NATIONAL STRUGGLE IN UZBEKISTAN

**Abdimanon Dilloevich Ashurov**

Teacher, Samarkand State University

### ABSTRACT

Wrestling is a sport in which two athletes fight one on one in accordance with the established rules. The art of wrestling has been known in many nations since ancient times. Wrestling is especially popular in Greece and has been a regular feature of the ancient Olympics. Various forms of national struggle exist in Greece, Italy, Japan, Turkey, Iran, Afghanistan, Russia, Uzbekistan, Georgia, Armenia, Azerbaijan, Kazakhstan and other countries.

**Keywords:** wrestling, rule, side, judo, sports